

UNDERSTANDING my coverage

May 15, 2013

When it comes to your health, it pays to be certain

Everyone knows it's not easy to navigate the healthcare system. And many people need help finding a doctor, understanding their diagnosis, or deciding on a treatment. Best Doctors helps guide you from diagnosis to treatment to recovery.

Addressing a medical challenge can be confusing and sometimes intimidating. But thanks to Best Doctors, you can take control of your health. Provided as part of your group benefits plan, Best Doctors gives you access to 53,000 of the best medical specialists in the world.

Simply call Best Doctors and you'll be connected to a Member Advocate (a Registered Nurse) who will provide help for health concerns of all sizes.

Best Doctors: 1-877-419-2378

Best Doctors 360™ helps members navigate the healthcare system to take control of their own healthcare by providing access to resources, ongoing one-on-one support, customized health coaching and a wide range of health related information.

Claire has been diagnosed with diabetes. She'd like to know as much as she can about it. Claire called Best Doctors. Her Member Advocate conducted an in-depth interview to understand her circumstances. A week later, Claire had website links, statistics on diabetes, information on local resources and other valuable tools to help her take control of her diabetes.*

FindBestDoc and **FindBestCare** help you find a specialist services.

Natalie needs an orthopaedic specialist but cannot travel far. She has called Best Doctors and they've provided the name of a specialist in her area. They sent her the specialist's biography with background information as well as wait times and how to have her treating physician complete the referral. Natalie's got the choice to have her case reviewed by a leading care facility outside of Canada too. She's got all the information she needs to take the next step.*

InterConsultation™ gives you a second opinion

Joseph's doctor has told him he needs a back operation. Joseph wants to be 100% sure before taking such a big step. He's called Best Doctors and an expert physician has reviewed his medical records. Joseph received a written report with the specialist's recommendations that he can share with his own doctor.*

**Examples only; these are not actual patient names and situations.*

Best Doctors offers a variety of services to help you make medical decisions with confidence...whether your illness is severe or not. Whenever you need a second opinion, a doctor in your area, require care outside of Canada or are simply looking for tools and guidance to help you better understand your medical conditions, call Best Doctors.